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HUMAN RESOURCES AND TRAINING | HRT-025

Teamwork & People Development

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Course content

Why Attend

Why Choose Teamwork & People Development Training Course?

Individuals do not often work in isolation. Work is primarily a group-based activity and if an organization is to be effective, it needs effective team working at all levels.

This practical training course will also focus on how to deal with others and how to understand your own and others behavior.

This Teamwork & People Development training course examines the key ingredients of successful team working, which will help build and develop teams within the organization.

The training course also includes a number or practical team building activities that are educationally and professionally enriching.

This Teamwork & People Development training course will feature:

- Insight into effective teamwork skills and competencies
- A close examination of the principles of teamwork
- Understanding human psychology and behavior
- Strategies for harnessing the dynamics of the team
- Skills for optimizing people development

What are the Goals?

By the end of this training course, participants will be able to:

- Distinguish between groups and teams and list the primary characteristics of effective teams
- Increase teamwork efficiency
- Describe the basics of human behavior
- Increase development within the team
- Improve interpersonal skills and teamwork

Course content

Why Attend

Who is this Training Course for?

This Teamwork & People Development training course is suitable to a wide range of professionals but will greatly benefit:

- All Team Leaders
- Staff responsible for the development of team members
- All supervisors, middle managers, department heads and senior managers
- All superintendents, team leaders and functional leaders and managers
- Technical staff recently promoted to management or team leader positions
- Human resource personnel including HR Business Partners and training staff
- All staff interested in improving their Teamwork & People Development skills

Course outline

Day one: Teamwork Essentials

- Team development
- The sociology of the team
- Characteristics of high-performing teams
- Teamworking activity
- The stages of team development
- Teams leadership and a shared vision

Day two: Team Roles and Behaviours

- Understanding team roles and effective teams

Course content

Course outline

- Creating the ‘perfect’ team
- Belbin and team roles
- Self-Perception Inventory
- Missing team roles
- Team role activities/games

Day three: Group Dynamics & Human Psychology

- The study of groups
- Social norms
- Risky Shift Phenomenon
- Group Process Skills
- Group Behaviour Interventions
- Group Cohesiveness

Day four: Dealing with Others - Conflict Management

- The nature of workplace conflict
- Resources for responding to conflict
- Dealing with ‘difficult people’
- Recognizing and overcoming false consensus in groups
- Groupthink
- Mediation skills

Day five: Developing Yourself

- Setting Career Goals

Course content

Course outline

- What type of learning & development suits you
- Understanding your career journey
- Are you suited for leadership or management?
- Personal career SWOT analysis
- Personal action planning

Seminar dates

Available seminar dates

Live dates and pricing for Teamwork & People Development generated from the course details page.

Date	Location	Format	Fee
6 - 10 July 2026	London - U.K	Classroom	**€4,200.-**
10 - 14 August 2026	Munich - Germany	Classroom	**€3,450.-**
14 - 18 September 2026	Rome - Italy	Classroom	**€4,250.-**
5 - 9 October 2026	Munich - Germany	Classroom	**€3,450.-**
16 - 20 November 2026	Amsterdam - Netherlands	Classroom	**€4,250.-**
7 - 11 December 2026	London - U.K	Classroom	**€4,200.-**

Live online option	Online delivery is available at €1,850.-.