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PLANNING AND STRATEGY MANAGEMENT | COURSE

Conscious Leadership: The New Leadership Imperative

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Course content

Why Attend

Course Introduction

The Conscious Leadership: The New Leadership Imperative training course is crafted to equip leaders with the vital skills and mindset needed to excel in today's fast-changing business world.

This transformative course delves into the principles of conscious leadership, offering practical strategies to enhance your effectiveness as a leader.

Through interactive sessions, engaging discussions, and experiential activities, participants will gain valuable insights into self-awareness, emotional intelligence, authentic communication, and creating inclusive environments.

Course Objectives

By the end of this training program, participants will be able to:

- Define conscious leadership and articulate its importance in today's business environment
- Develop greater self-awareness and emotional intelligence to enhance leadership effectiveness
- Build authentic relationships and empower others to achieve shared goals
- Communicate with clarity, empathy, and compassion to foster trust and collaboration
- Cultivate resilience and adaptability to navigate challenges and lead through change
- Align personal and organizational purpose to inspire and motivate teams
- Foster inclusivity and diversity to create a culture of belonging and innovation
- Make ethical decisions and lead with integrity in complex situations
- Lead change effectively and manage resistance to drive organizational success
- Develop an action plan for applying conscious leadership principles in daily leadership practices

Who should Attend?

This training program is ideal for leaders at all levels within organizations who are committed to enhancing their leadership skills and driving positive change.

Course content

Course Objectives

Whether you are a seasoned executive, a mid-level manager, or an emerging leader, this course will provide you with the tools and techniques needed to lead with greater purpose, clarity, and compassion. Additionally, HR professionals, consultants, and anyone interested in understanding and implementing conscious leadership principles will find this program highly beneficial.

Course outline

Day One: Introduction to Conscious Leadership

- What is Conscious Leadership?
- Why is it important in today's business environment?
- Understanding Self-Awareness in Leadership
- Exploring the concept of self-awareness
- Techniques for developing self-awareness as a leader
- The Role of Emotional Intelligence
- Defining emotional intelligence (EI)
- Enhancing EI skills for effective leadership

Day Two: Building Authentic Relationships

- Importance of authentic relationships in leadership
- Strategies for building and maintaining authentic connections
- Empowering Others
- The significance of empowering team members
- Techniques for delegating effectively and fostering autonomy
- Communicating with Clarity and Compassion

Course content

Course outline

• Importance of clear and compassionate communication

• Practicing active listening and empathetic communication

Day Three: Cultivating Resilience and Adaptability

• Understanding resilience and adaptability in leadership

• Strategies for cultivating resilience in oneself and others

• Leading with Purpose and Vision

• Defining organizational purpose and vision

• Aligning personal and organizational purpose for effective leadership

Day Four: Fostering Inclusivity and Diversity

• Understanding the importance of inclusivity and diversity in leadership

• Strategies for fostering an inclusive and diverse work environment

• Ethical Decision Making

• Exploring ethical dilemmas in leadership

• Frameworks for making ethical decisions in challenging situations

Day Five: Leading Change

• Understanding the dynamics of change in organizations

• Strategies for leading change effectively and managing resistance

• Integration and Action Planning

• Reflecting on key learnings from the training

• Developing an action plan for applying conscious leadership principles in daily leadership practices

Seminar dates

Available seminar dates

Live dates and pricing for Conscious Leadership: The New Leadership Imperative generated from the course details page.

Date	Location	Format	Fee
20 - 24 July 2026	Barcelona - Spain	Classroom	**€3,850.-**
3 - 7 August 2026	London - U.K	Classroom	**€4,200.-**
7 - 11 September 2026	Munich - Germany	Classroom	**€3,450.-**
12 - 16 October 2026	Amsterdam - Netherlands	Classroom	**€4,250.-**
9 - 13 November 2026	London - U.K	Classroom	**€4,200.-**
14 - 18 December 2026	Istanbul - Turkey	Classroom	**€2,850.-**
13 - 17 July 2026	Frankfurt - Germany	Classroom	**€3,250.-**
17 - 21 August 2026	Rome - Italy	Classroom	**€4,250.-**
21 - 25 September 2026	Kuala lumpur - Malaysia	Classroom	**€2,250.-**
19 - 23 October 2026	Barcelona - Spain	Classroom	**€3,850.-**
2 - 6 November 2026	London - U.K	Classroom	**€4,200.-**
21 - 25 December 2026	Munich - Germany	Classroom	**€3,450.-**

Live online option	Online delivery is available at €1,850.-.